

— CHELO'S —
GLUTEN FRIENDLY

— MENU —

— RAW BAR —

Tuna Poke Bowl*

Raw tuna, mango, mixed greens, diced cucumber,
white balsamic vinaigrette & cucumber wasabi - 18.29

Fresh Oysters*

Priced per piece (served raw)
cocktail sauce - Market Price

Fresh Littlenecks*

Priced per piece (served raw)
cocktail sauce - Market Price

— SALADS —

Italian, Diet Italian, French, Honey Mustard, Balsamic Vinaigrette, White Balsamic Vinaigrette, Ranch, Cucumber Wasabi

Blackened Salmon Caesar

Grilled & blackened salmon, romaine
lettuce, caesar dressing, romano cheese - 19.29
Grilled Chicken Caesar Salad - 14.29

Waterfront Cobb Salad

Grilled chicken breast, mixed greens,
avocado, hard-boiled egg, smoked bacon,
onions, cucumbers, tomatoes, gorgonzola
cheese, ranch dressing - 16.99

Summer Salad

Mixed greens, strawberries, blueberries,
mangoes, candied walnuts, tomatoes,
red onion, goat cheese, white balsamic
vinaigrette dressing & balsamic glaze - 15.49

— BURGERS & SANDWICHES —

All served without buns, breads or rolls and your choice of a side

GLUTEN FREE ROLL - \$1.00

Ultimate Steak*

American cheese, caramelized onions
& sautéed mushrooms - 18.99

Waterfront Burger*

American cheese, caramelized onions
& sautéed mushrooms - 15.29

Avocado Burger*

Pepper jack cheese, avocado,
smoked bacon, spinach, tomato
& pablano ranch - 16.29

Avocado Chicken

Grilled chicken, garlic aioli,
swiss cheese, smoked bacon,
avocado, tomato & spinach - 15.29

Bacon Burger*

American cheese, smoked bacon,
lettuce, tomato, red onion & mayo - 15.29

Seafood Salad

Scallops, shrimp, imitation crab, celery,
lettuce, mayo & seasonings - 14.00

Grilled Tuna & Swiss

Tuna salad, swiss cheese & lettuce - 13.79

Lobster Salad

Lobster salad & lettuce - Market Price

— ENTRÉES —

All entrées served with your choice of two sides

Blackened Salmon w/ Avocado Salsa

Grilled blackened salmon,
avocado corn salsa - 22.99

Roasted Half Chicken

Roasted half chicken
with a creole rub - 15.99

— SIDES —

Baked Sweet Potato, Mashed Potatoes, Coleslaw, Steamed Broccoli, White Rice

Manhattan Red Chowder - 1.50 extra

*This item is raw or partially cooked and can increase your risk of foodborne illness. Consumers who are especially vulnerable to foodborne illness should only eat seafood and other food from animals thoroughly cooked. Please inform your server if a person in your party has any food allergies.

Although our gluten-friendly menu items are made with the utmost care, they are prepared in the same facility as items that contain gluten. We cannot guarantee that our menu's items are 100% free of gluten as there is always a possibility of trace amounts crossing over from other kitchen areas. Please consider this when ordering from our menu.